

## High School Youth Ministry at St. Michael Catholic Church FAQ

### What ministries do you offer for teens in high school?

We offer two programs for high school teens: Awaken and Confirmation Preparation.



### What is Awaken?

Awaken is our weekly youth group for high school teens (9-12<sup>th</sup>) on Sundays following the 6pm Mass, usually 7:00-8:30pm most Sunday evenings September-May, and in July. Awaken is a place where teenagers can explore the relevance of a relationship with Jesus and find a community of peers and leaders to walk alongside during the best, worst, and just plain busy, parts of high school. No need to commit to come every week - just join us when you're able to.

### Can teens bring friends to Awaken?

Sure! High school friends are welcome any Sunday. They do not need to register in advance.

### If a teen is preparing to receive the Sacrament of Confirmation, can they attend Awaken? What about teens that attend a Catholic High School; can they attend Awaken as well?

Yes! The high school youth group, Awaken, is separate from Confirmation preparation. All teens in grades 9-12 are encouraged to participate weekly, including teens who have been confirmed.

### What is the Confirmation Preparation program for high school teens at St. Michael?

The immediate preparation for the Sacrament of Confirmation consists of tracks that meet in groups of 6-8 teens once a month. Teens must be entering the 10th, 11th or 12th grade year of high school and completed one year of formation (Awaken) at a Catholic parish or completed one year of Catholic high school before registering.



### When is the first meeting?

The teen wishing to receive the Sacrament of Confirmation and at least one parent must attend an informational meeting on October 3rd or October 4th, 2017 from 7:30-8:30pm. Both the teen and at least one parent are required to attend.

### When are the Confirmation preparation sessions?

Confirmation preparation will take place during monthly sessions which begin January 2018. Each track meets once a month—Teens pick one track at the time of registration and remain with that option for the duration of the year. All sessions must be attended in their entirety.

## Can a teen miss a Confirmation preparation session?

Teens are required to attend each of the monthly sessions during the track for which they are registered. Should a serious conflict arise, the teen should contact the Director of Youth Faith Formation *before* the session takes place. If a teen fails to attend a session for an entire month, their status in preparing for Confirmation may be reevaluated. Note: Awaken is not Confirmation preparation, and therefore cannot be used as a make-up.

## I still have more questions. Whom should I ask?

If you have any additional questions, feel free to email: [youth@stmichaelchurch.net](mailto:youth@stmichaelchurch.net)



## How does a teen prepare to receive the Sacrament of Confirmation at St. Michael?

- Teen must be a baptized sophomore, junior or senior in High School.
- Teen must have been enrolled in Awaken or a Catholic High School the previous year
- Register online at [stmichaelchurch.net](http://stmichaelchurch.net) between May and September 2017.
- Provide a copy of Baptismal Certificate by the October information meeting
- Attend the parent and teen information session on either October 3<sup>rd</sup> or 4<sup>th</sup> 2017 at 7:30pm
- Attend one of the following Confirmation tracks and attend all sessions for that track. Please see registration form for the actual dates of each track.\*
  - Tracks 1&2 – One Monday a month 7:00-8:30pm
  - Track 3 – One Tuesday a month 4:30-6:00pm
  - Track 4 – One Tuesday a month 7:00-8:30pm
  - Tracks 5 – One Wednesday a month 4:30-6:00pm
  - Tracks 6&7 – One Wednesday a month 7:00-8:30pm
  - Tracks 8&9 – One Thursday a month 7:00-8:30pm

***We are looking for families to host some of these in their own homes. Contact us for more information at [youth@stmichaelchurch.net](mailto:youth@stmichaelchurch.net) Please see registration form for actual track dates***
- Attend any of the following 2018 weekend retreats:
  - Friday February 16<sup>th</sup> 4:30pm – Sunday February 18<sup>th</sup> 2:00pm (New Ulm, TX)
  - Friday June 22<sup>nd</sup> 12:00pm – Sunday June 24<sup>th</sup> 6:00pm (Dallas, TX)
  - Friday November 2<sup>nd</sup> 4:30pm – Sunday November 4<sup>th</sup> 2:00pm (New Ulm, TX)

*School retreats will not fulfill the Confirmation retreat requirement.*
- Participate in acts of service through St. Michael that incorporate the Works of Mercy (Matthew 25:31-46)
- Choose an adult sponsor who is a confirmed, practicing Catholic, other than your parent. (I.e. The teen's baptismal godparent, Catholic adult mentor, small group leader at church etc.)
- Choose a Confirmation name (The baptismal name of the teen or the name of a canonized saint)
- Attend the sessions and rehearsal with sponsor on November 11, 2018 from 2-6pm
- Attend the Rite of Confirmation Mass in November/December 2018 (Date & Time TBA)

**\*What are the topics of the seven Confirmation Prep. sessions?**

On the day of Confirmation, candidates are given an increase of the gifts of the Holy Spirit that they received on the day they were baptized. (Acts 1:8; CCC 1285, 1303) This will allow the Confirmed, if they choose, to “share more.

The seven sessions will help each teenager paint a picture for themselves of what “S.T.E.P.S.” they will follow in order to “share more completely in this mission” once they receive the Sacrament of Confirmation completely in the mission of Jesus Christ...” (CCC 1294)



January – Introduction to S.T.E.P.S.

February – Service

March – Trust

April – Evangelize

May – Prayer

September – Sacraments

October – Review of S.T.E.P.S.

11/11 Session with Sponsors – Teenagers Go over their next S.T.E.P.S. with their sponsor

Let us know if you have any questions, we are praying for and looking forward to hearing from you!

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